

Gerry Ryan Limerick Invitation Gala 2012

**Saturday February 4th and Sunday February 5th 2012.
University of Limerick**

Entries: On Hy-Tek - please email to Mary Corby/Diane O'Brien at
gryanlimkgala@gmail.com .

Electronic timing will be used throughout the gala.

Age on the first day of competition applies - 4th February 2012.

Fees: €6.00 per individual event and €20.00 per relay event. Please post full fees on or before closing date to Diane O'Brien, Raleighstown, Grange, Co. Limerick. All cheques made payable to Limerick Swimming Club.

Closing date for all entries is Friday 27th January 2012.

(There will be no changes after this date as the gala will be seeded into heats - no scratches).

Meet Conditions

1. Swimmers must be members of Swim Ireland & Swim Ireland Rules will apply.
2. One Start rule will apply for this gala.
3. Heats will be run as an open event based on each swimmers entry time in 10 lane format. Finals will be split into separate age groups and run in 10 lane format.
4. There will be finals in all 50m and 100m events, all other events will be H.D.W. - see table below.
5. Medals will be awarded in all individual events in age groups 11&under, 13&under, 15&under, 16&over. Medals will be presented throughout the day.
6. Swimmers will be limited to 6 individual swim events total over the 2 days.
7. There will be no reserve finalists.
8. Should there be time constraints the host club has the right to change finals to H.D.W. and this will be announced prior to the event.

9. There are Qualifying Times for all 100's and 200's events. There are no qualifying times for any of the 50m events. 800m and 400m events are limited in heats as per listing below. The host club reserve the right to have some of their swimmers outside the qualifying time in 100m events only (not 200m). Conversion from S.C. is acceptable.
10. All entry times must be official times and may be verified on the National database.
11. Relays - only 1 swim-up allowed and only 1 entry per club per relay event. Please provide names of relay swimmers in advance.
12. Restrictions on personnel poolside will be strictly enforced to ensure safety & effective running of all gala. ID badges will be allocated on the morning of the gala to the assigned coaches & team managers. Please provide their names with entries. 1 coach and 1 team manager per 15 swimmers will be allowed poolside.

The Gerry Ryan Perpetual Cup will be presented to the best overall **"VISITING"** club at the gala and the L.S.C. Plaque to the runner-up **"VISITING"** club.

Order of Events

<u>Session 1 Saturday Morning</u> warm-up 8am, (20mins males & 800free females only, 8.20am remaining females), start 8.45am	<u>Session 3 Sunday Morning</u> warm-up 8am, (20mins females & 20mins males), start 9am
800m Mixed Freestyle (H.D.W.)	400m Freestyle (H.D.W.) Female & Male
100m Butterfly Male & Female	200m Butterfly (H.D.W.) Female & Male
50m Free Male & Female	50m Breaststroke Female & Male
200m Backstroke (H.D.W.) Male & Female	100m Backstroke Female & Male
100m Breaststroke Male & Female	200m IM (H.D.W.) Female & Male
200m Freestyle (H.D.W.) Male only	200m Freestyle (H.D.W.) Female only
100m Freestyle Female only	100m Freestyle Male only
50m Backstroke Male & Female	200m Breaststroke (H.D.W.) Female & Male
	50m Butterfly Female & Male
12 & Under 200m Freestyle Relay(H.D.W.) Male & Female	12 & Under 200m IM Relay (H.D.W.) Female & Male
<u>Session 2 Saturday Afternoon</u> warm-up 1.30pm approx, (20mins boys & 20mins girls), start 2.15pm	<u>Session 4 Sunday Afternoon</u> warm-up 1.30pm approx, (20mins girls & 20mins boys), start 2.15pm
Finals in each age group of	Finals in each age group of
100m Butterfly Male & Female	50m Breaststroke Female & Male
50m Freestyle Male & Female	100m Backstroke Female & Male
100m Breaststroke Male & Female	100m Freestyle Female & Male
50m Backstroke Male & Female	50m Butterfly Female & Male
14 & Under 200m Freestyle Relay(H.D.W.) Male & Female	14 & Under 200m IM Relay (H.D.W.) Female & Male
16 & Under 200m Freestyle Relay(H.D.W.) Male & Female	16 & Under 200m IM Relay (H.D.W.) Female & Male

Qualifying Times:

<u>Qualifying Times</u> <u>(Long Course)</u>	<u>Women</u>	<u>Men</u>
800m Freestyle (H.D.W.)	Mixed - 2 heats (first 20 entries - either male or female)	
100m Butterfly	1.35	1.30
50m Free	None	None
200m Backstroke (H.D.W.)	3.15	3.10
100m Breaststroke	1.50	1.45
200m Freestyle (H.D.W.)	3.05	3.00
50m Backstroke	None	None
12 & Under 200m Freestyle Relay (H.D.W.)	None	None
14 & Under 200m Freestyle Relay (H.D.W.)	None	None
16 & Under 200m Freestyle Relay (H.D.W.)	None	None
400m Freestyle (H.D.W.)	3 Heats(first 30 entries)	3 Heats(first 30 entries)
200m Butterfly (H.D.W.)	3.35	3.30
50m Breaststroke	None	None
100m Backstroke	1.35	1.32
200m IM (H.D.W.)	3.15	3.10
100m Freestyle	1.21	1.16
200m Breaststroke (H.D.W.)	3.30	3.20
50m Butterfly	None	None
12 & Under 200m IM Relay (H.D.W.)	None	None
14 & Under 200m IM Relay (H.D.W.)	None	None
16 & Under 200m IM Relay (H.D.W.)	None	None