

ENNIS SWIMMING & LIFE-SAVING CLUB

ENNIS Invitation GALA

- Venue:-** Ennis Leisure Complex
- Dates:-** Fri 15th & Sat 16th March 2019
- Age-Groups:-** 12, 14, 16, Senior Age as on 31st Dec 2019.
- Events:-** 200f/c, 200IM, 200 b/c (2 heats), 200 br/st (2 heats)
400fc(2 Heats), 800fc (1 heat),
1500fc (1 heat), 100m F/c, 100B/c, 100 Br/st, 100Fly,
50f/c
**Masters mixed, 800fc (3 heats), 100&50 fc, 50b/c,
50fly, 50b/s & 50skins. 4x100 mixed medley relay**
- NOTE:-** Relays - U/12 & U/16 4x50m F/c Relay
U/14 & Senior 4x50m Medley Relay
- Times:-** See Consideration times attached.
- Conditions:-** Swimmers may swim up in relay events.
Ennis SC reserves the right to limit the number of heats as necessary.
- Entries:-** By e-mail on Team Manager to: trionamc50@gmail.com
- Entry Fees:-** €7 per individual entry, €20 per relay.
Cheques payable to Ennis SC, with summary sheet attached may be brought to the gala or posted to:-
Caitriona McMahon, Clonteen, Ballyalla, Ennis, Co. Clare
- Closing Date:-** 1st March 2019. No late entries please.

Order of Events

Friday - Warm up 5 - 5.45pm, Start 6pm

- | | |
|----------------------|---------------------|
| 1. Girls 200f/c HDW | 2. Boys 200f/c HDW |
| 3. Girls 200 b/c HDW | 4. Boys 200b/c HDW |
| 5. Girls 200 IM HDW | 6. Boys 200 IM HDW |
| 7. Girls 800fc HDW | 8. Boys 1500 fc HDW |

Saturday - Warm up 8 - 9.15 am, Start 9.30am

- | | |
|---------------------|--------------------|
| 9. Girls 400f/c | 10. Boys 400f/c |
| 11. Girls 200 Br/st | 12. Boys 200 Br/st |
| 13. Girls 100br/st | 14. Boys 100br/st |
| 15. Girls 100m Fly | 16. Boys 100m Fly |

Finals of 100m each age group.

- | | |
|-------------------------------|------------------------------|
| 17. Girls u/12 4x50 f/c relay | 18. Boys u/12 4x50 f/c relay |
| 19. Girls u/16 4x50 f/c relay | 20. Boys u/16 4x50 f/c relay |

Lunch 1pm - 1.45pm (Lanes available for warm up if required)

Start 2pm

- | | |
|-------------------|------------------|
| 21. Girls 100 f/c | 22. Boys 100 f/c |
| 23. Girls 100b/c | 24. Boys 100b/c |
| 25. Girls 50m f/c | 26. Boys 50m f/c |

Finals of 100m & 50m each age group.

- | | |
|--------------------------------|-------------------------------|
| 27. Girls u/14 4x50 Med relay | 28. Boys u/14 4x50 Med relay |
| 29. Girls senior 4x50 Medley r | 30. Boys senior 4x50 Medley r |

Masters all mixed events

Warm up 5.30pm. Start 6pm

1. 4 x 100 mixed medley relay - 1 heat
2. 800fc (3 Heats)
3. 50 free
4. 50 Breast
5. 50 back
6. 50 fly
7. 100free
8. 50 skins*

*Skins Event: Novelty event, top 6 male & female from 50 free qualify. Stroke will be drawn before every leg.

The committee reserve the right to limit the number of heats in the distance events.

ONE START RULE WILL APPLY AT THIS MEET.

SUMMARY SHEET

Ennis Invitation Gala

_____ Individual entries @ €7 per entry_____

_____ Relay entries @ €20 per relay_____

Total_____

CLUB:_____

Contact Person:_____

Address:_____

Phone:_____

Entry Fees to :- Caitriona McMahon, Clonteen, Ballyalla, Ennis, Co. Clare , or bring payment to competition,

BOYS				Consideration Times	GIRLS			
2007	2005	2003	Senior	EVENT	2007	2005	2003	Senior
37.10	34.30	31.10	28.80	50 Free	38.20	35.30	33.80	33.20
1.17.50	1.12.40	1.07.50	1.04.00	100 Free	1.20.90	1.15.40	1.13.90	1.11.60
2.50.50	2.39.20	2.31.10	2.23.80	200 Free	2.55.60	2.45.70	2.41.20	2.37.80
6.07.00	5.45.20	5.23.70	5.19.10	400 Free	6.16.60	6.03.50	5.49.50	5.40.10
██████	██████	██████	██████	800 Free	12.42.00	12.09.60	11.49.20	11.33.00
23.57.00	22.41.90	21.15.20	21.13.40	1500 Free	██████	██████	██████	██████
1.31.20	1.25.70	1.19.80	1.16.60	100 Back	1.33.80	1.28.30	1.126.30	1.23.70
3.30.09	3.15.16	3.03.59	2.58.19	200 Back	3.44.10	3.29.25	3.17.56	3.06.69
1.44.60	1.37.60	1.31.60	1.25.10	100 Breast	1.48.00	1.41.80	1.37.70	1.33.10
4.08.82	3.51.59	3.40.25	3.14.22	200 Breast	4.18.82	4.01.59	3.50.30	3.24.21
1.33.00	1.26.50	1.18.20	1.13.70	100 Fly	1.35.10	1.29.40	1.23.40	1.21.10
3.17.70	3.06.00	2.55.10	2.47.30	200 IM	3.20.60	3.11.40	3.01.5	3.00.50

