

Warm up schedule for Tipperary Tigersharks 6th Invitational Gala 10th November 2019

Lane no.	8.10-8.25	8.25-8.40	8.40am-8.55am	8.55am-9.10am	9.10am-9.25am
1	Tiger Sharks Mixed	Kingfisher Boys	Limerick Mixed	Carrick Mixed	Lahinch Mixed
2	Tiger Sharks Mixed	Clonmel Mixed	Limerick Mixed	Askeaton Mixed	Dolphins Mixed
3	Tiger Sharks Mixed	Clonmel Mixed	Limerick Mixed	Askeaton Mixed	Dolphins Mixed
4	Kingfisher Girls	Clonmel Mixed	Limerick Mixed	Askeaton Mixed	Dolphins Mixed
5	Kingfisher Girls	Nenagh Mixed	Limerick Mixed	Askeaton Mixed	Dolphins Mixed



TIPPERARY TIGERSHARKS SWIMMING CLUB

6th Invitational Gala (under Swim Ireland Rules)

10am Sunday 10th November 2019

Thurles Leisure Centre, Cathedral Street, Thurles, E41V6D6.

Licence No.: **2S-19/20-M003**

Session 1. Warm up 9:00, Start time 10:00			
Event 1	Girls 100m Frontcrawl	Event 2	Boys 100m Frontcrawl
Event 3	Girls 50m Backstroke	Event 4	Boys 50m Backstroke
Event 5	Girls 100m Breaststroke	Event 6	Boys 100m Breaststroke
Event 7	Girls 50m Butterfly	Event 8	Boys 50m Butterfly
Event 9	Girls 100m Backstroke	Event 10	Boys 100m Backstroke
<i>Medal presentations for events 1-10 will be held at the end of session 1.</i>			
Session 2. Start time 14.00			
Event 11	Girls 50m Frontcrawl	Event 12	Boys 50m Frontcrawl
Event 13	Girls 100m Individual Medley	Event 14	Boys 100m Individual Medley
Event 15	Girls 100m Butterfly	Event 16	Boys 100m Butterfly
Event 17	Girls 50m Breaststroke	Event 18	Boys 50m Breaststroke
<i>Medal presentations for events 11-18 will be held after Event 18</i>			
Event 19	Mixed Frontcrawl Canon Relay		
<i>Medal presentations for event 19 will be held at the end of the gala.</i>			

TIPPERARY TIGERSHARKS ANNUAL INVITATIONAL GALA

Thurles Leisure Centre Swimming pool on Cathedral Street, Thurles, E41V6D6. Please note that there is very limited parking in the pool car park, and in the small car park near the playground adjacent to the pool. However there is an underground carpark at the Source Art Centre and a carpark at Tesco's shop which is located nearby. There is also a multi-storey carpark at Dunnes Stores but this is a bit of a walk.

Programmes will be available in reception at €5.00 each. There will be cakes/sandwiches/snacks/refreshments for sale in the reception area. SwimHeadz Ireland will have a sales area in reception with a range of swimming gear and swimwear for sale.

Photographs will be taken for publicity purposes in the reception area by the Tigershark's photographer after ensuring relevant swimmers are wearing t-shirts. If swimmers do not wish to have their photographs used for publicity please ensure the photographer is advised.

Thurles Leisure Centre Rules state that camera/video use, in any form, is not permitted in the pool areas.

HEALTH AND SAFETY MATTERS:

The **Spectator/Viewing Area** at the pool is not large and at this very busy gala we may have to restrict numbers using it. We ask clubs to advise parents of this and to also advise them that this area is for ***non-swimmers and outside footwear only***.

Swimmers will not be allowed in the viewing area and are requested to remain on pool side with their team-mates and coaches/team managers. There will be seating available on pool side for swimmers. Anyone accessing any of the pool areas must wear appropriate footwear or shoe covers.

Swimmers will be able to leave their bags and rest between races in the changing room areas which is accessed from the poolside. Please remind swimmers to keep this area clean and litter free. Please note that this area will ***only be accessible by swimmers and designated Club Team Managers, who will be given yellow wristbands by the coaches on the morning of the gala***. These will be made available to coaches when they arrive that morning. ***Anyone who is neither a swimmer nor wearing a yellow wristband will be asked to leave this area immediately***. Medals will be presented throughout both the morning and afternoon sessions.

Lockers are available in the changing room area.

Please remind your swimmers to wear t-shirts when collecting medals.

Thurles Leisure Centre : 0504
58640

COACHES, PARENTS & SWIMMERS PLEASE NOTE:
REQUIREMENTS TO ENSURE THE SMOOTH RUNNING
OF THE TIGER SHARK'S INVITATIONAL GALA

- 1. Only Team Managers and Coaches will be allowed in the main pool area. Team Managers and Coaches will be required to wear wrist bands to allow for their identification in entering these areas. These will be distributed in the entrance area of the Swimming pool on the morning of the Gala.**
- 2. No photography/video will be allowed during the Gala.**
- 3. No Swimmers will be allowed into the Spectators Area but must remain in the main pool area with their coaches & teammates.**
- 4. Appropriate footwear / shoe covers must be worn on pool deck at all times.**
- 5. Swimmers cannot leave the small/changing area without the appropriate attire; T-Shirt/Top & Shorts/Pants.**
- 6. Swimmers will not be advised of their times by the Timekeepers as the times obtained will be electronically recorded and will be available on the results sheets which will be posted as the events are run throughout the day.**