

Irish Summer LC National Championships 2020
Long Course Qualifying Times
(Achieved Long Course Only in the Period 1st January 2020 – 8th June 2020)

| MALE | | | | | |
|-------------------|---------------------------------|--------------------------|--------------------------|--------------------------|----------------------------------|
| | 17/Over 2003/earlier | 16 years 2004 | 15 years 2005 | 14 years 2006 | 12/13 years 2007/2008 |
| 50m Freestyle | 24.94 | 26.98 | 28.43 | 29.29 | 30.57 |
| 100m Freestyle | 55.52 | 58.56 | 1:00.74 | 1:02.74 | 1:05.93 |
| 200m Freestyle | 2:03.93 | 2:10.16 | 2:14.38 | 2:17.15 | 2:24.21 |
| 400m Freestyle | 4:33.55 | 4:37.50 | 4:47.52 | 4:55.89 | 5:08.90 |
| 800m Freestyle | 9:12.90 | 9:20.88 | 9:41.13 | 9:58.05 | 10:24.34 |
| 1500m Freestyle | 18:11.48 | 18:13.23 | 18:59.08 | 19:27.38 | 20:09.71 |
| 50m Backstroke | 29.61 | 29.61 | 29.61 | | |
| 100m Backstroke | 1:06.44 | 1:09.17 | 1:11.73 | 1:14.32 | 1:17.58 |
| 200m Backstroke | 2:23.44 | 2:30.53 | 2:33.42 | 2:39.15 | 2:44.13 |
| 50m Breaststroke | 32.11 | 32.11 | 32.11 | | |
| 100m Breaststroke | 1:14.26 | 1:19.93 | 1:21.52 | 1:25.10 | 1:29.62 |
| 200m Breaststroke | 2:44.14 | 2:53.54 | 2:59.81 | 3:04.10 | 3:11.24 |
| 50m Butterfly | 26.92 | 26.92 | 26.92 | | |
| 100m Butterfly | 1:01.84 | 1:07.13 | 1:10.57 | 1:14.10 | 1:18.11 |
| 200m Butterfly | 2:24.31 | 2:28.95 | 2:35.91 | 2:42.33 | 2:52.18 |
| 200m IM | 2:23.77 | 2:30.33 | 2:33.56 | 2:38.22 | 2:43.83 |
| 400m IM | 5:09.48 | 5:13.26 | 5:23.33 | 5:47.17 | 5:58.89 |

| FEMALE | | | | | |
|-------------------|---------------------------------|--------------------------|--------------------------|--------------------------|----------------------------------|
| | 17/Over 2003/earlier | 16 years 2004 | 15 years 2005 | 14 years 2006 | 12/13 years 2007/2008 |
| 50m Freestyle | 28.49 | 28.97 | 29.54 | 30.22 | 31.25 |
| 100m Freestyle | 1:01.38 | 1:03.33 | 1:03.99 | 1:04.61 | 1:08.05 |
| 200m Freestyle | 2:14.40 | 2:17.30 | 2:20.69 | 2:21.18 | 2:26.90 |
| 400m Freestyle | 4:48.61 | 4:56.31 | 4:59.85 | 5:08.11 | 5:13.46 |
| 800m Freestyle | 9:51.76 | 10:05.20 | 10:14.96 | 10:22.25 | 10:37.24 |
| 1500m Freestyle | 18:41.31 | 19:06.78 | 19:25.27 | 19:39.08 | 20:07.49 |
| 50m Backstroke | 32.64 | 32.64 | 32.64 | | |
| 100m Backstroke | 1:11.33 | 1:13.50 | 1:13.99 | 1:15.26 | 1:18.45 |
| 200m Backstroke | 2:34.30 | 2:37.41 | 2:40.86 | 2:42.90 | 2:48.53 |
| 50m Breaststroke | 36.50 | 36.50 | 36.50 | | |
| 100m Breaststroke | 1:20.71 | 1:24.72 | 1:26.26 | 1:28.23 | 1:31.92 |
| 200m Breaststroke | 2:56.14 | 3:01.72 | 3:03.56 | 3:12.95 | 3:14.97 |
| 50m Butterfly | 30.42 | 30.42 | 30.42 | | |
| 100m Butterfly | 1:09.54 | 1:11.47 | 1:14.09 | 1:16.56 | 1:19.86 |
| 200m Butterfly | 2:39.68 | 2:44.22 | 2:50.31 | 2:52.57 | 2:56.34 |
| 200m IM | 2:34.86 | 2:35.75 | 2:40.35 | 2:44.07 | 2:48.59 |
| 400m IM | 5:35.52 | 5:41.57 | 5:47.86 | 5:55.42 | 6:05.13 |