

10th & 11th June

Calling all Swimmers

Age 8 - 13 years



Est. 1981

Dolphin Swim Team Cork

MAYFIELD SPORTS
COMPLEX,
MAYFIELD, CORK

DOLPHIN MINNOWS GALA

DATE & TIMES:

Saturday, 10th of June - Race starts 10.00 AM

Sunday, 11th of June - Race starts 9.00 AM

Warm UP:

Starting 1 hour before each session (09:00am Saturday / 08.00am

Sunday) Boys to warm up first (25 minutes).

SI Licence: 25S-22/23-M025



SWIM
IRELAND

Munster



DOLPHIN MINNOWS GALA 2023

Meet Conditions

- WITHDRAWALS** by 6:00pm Friday for Saturday and by 6:00pm Saturday for Sunday by email to galasec@dolphinssc.ie
- AGE GROUPS** 9 / 10-11 / 12-13 (as on Dec31st, 2023)
(YOB: 2014 / 2013-2012 / 2011-2010)
- EVENTS** 50m in all strokes in all age groups
100 Freestyle in 10-13 category
100 IM in 10-13 category
9 may swim up in Individual Medley & 100m FS events ONLY
- CUT-OFF TIMES & RESTRICTIONS** Swimmers who have achieved times FASTER than the cut-off time for any event will not be eligible to enter that event. Swimmers who have qualified for an event in the 2023 Irish Summer National Age Group Championships may not swim this event in this gala.
- RELAYS** Swimmers may swim in ONE age group ONLY in relay events. Only swimmers competing in individual events may compete on relays.
All relays are HDW.
- ENTRY FEES** €7 per individual event, €20 per relay event
- Fees due by Monday 5th June
- Payments by bank transfer to:
Bank of Ireland, Blackpool, Cork.
IBAN: IE24BOFI9026882304410 BIC: BOFIIIE2D
Sort Code: 902688 A/C: 23044110



DOLPHIN SWIMMING CLUB

Mayfield Sports Complex, Mayfield, Cork

www.dolphinssc.ie | info@dolphinssc.ie

ENTRY DEADLINE

Entries must be received before 15:00, Thursday 1st June, 2023

Dolphin SC reserves the right to include a limited number of swimmers in certain events where time and space permits.

ENTRIES

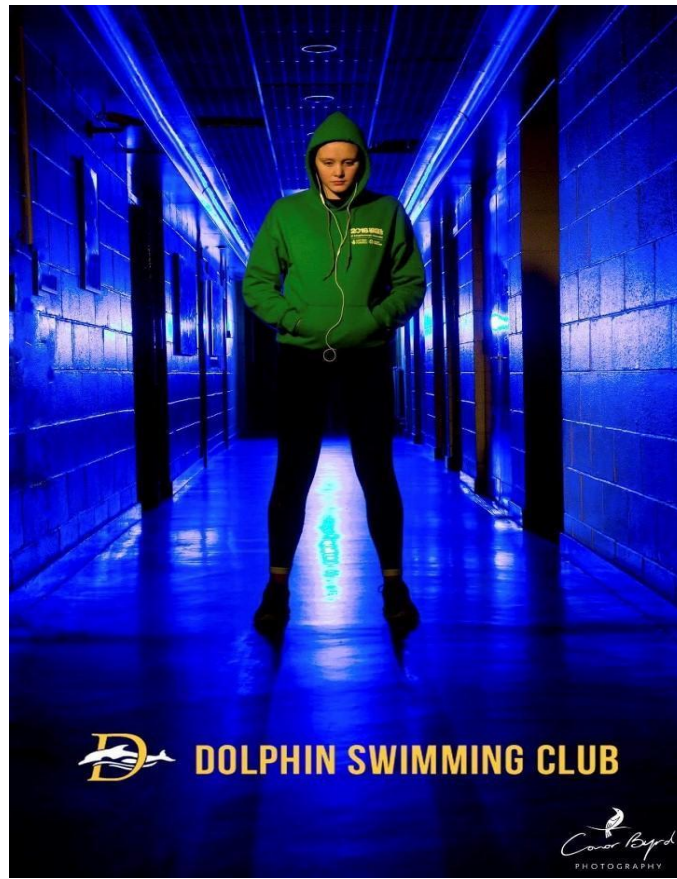
Please email all entries on HyTek to: galasec@dolphinssc.ie

CAMERA / PHONE POLICY

All persons wishing to take photographs or film footage at this event must first register their device(s) with Dolphin Swimming Club. Please note photographic identification will be required as proof of identity. Swim Ireland's Filming and Photography Policy will be available at the registration desk and those registering their devices will be asked to read and acknowledge their understanding of this policy.

CHANGING ROOM POLICY

There are no adults allowed in the changing rooms. This includes parents, guardians, team managers, coaches, volunteers and staff members. Any adult entering the changing rooms may be asked to leave the venue and their details will be forwarded to the relevant CCO.





DOLPHIN SWIMMING CLUB

Mayfield Sports Complex, Mayfield, Cork

www.dolphinssc.ie | info@dolphinssc.ie

Session 1 - HEATS		Event #	Session 3 - HEATS
Saturday 10:00am		HEATS	Sunday 09.00am
1.	Boys 12-13 100m Freestyle	25.	Boys 12-13 100m Ind. Medley
2.	Girls 12-13 100m Freestyle	26.	Girls 12-13 100m Ind. Medley
3.	Boys 10-11 50m Freestyle	27.	Boys 10-11 50m Butterfly
4.	Girls 10-11 50m Freestyle	28.	Girls 10-11 50m Butterfly
5.	Boys 9 50m Butterfly	29.	Boys 9 50m Breaststroke
6.	Girls 9 50m Butterfly	30.	Girls 9 50m Breaststroke
7.	Boys 12-13 50m Butterfly	31.	Boys 12-13 50m Freestyle
8.	Girls 12-13 50m Butterfly	32.	Girls 12-13 50m Freestyle
9.	Boys 10-11 50m Breaststroke	33.	Boys 10-11 50m Backstroke
10.	Girls 10-11 50m Breaststroke	34.	Girls 10-11 50m Backstroke
11.	Boys 9 50m Freestyle	35.	Boys 9 50m Backstroke
12.	Girls 9 50m Freestyle	36.	Girls 9 50m Backstroke
13.	Boys 10-11 100m Ind. Medley	37.	Boys 10-11 100m Freestyle
14.	Girls 10-11 100m Ind. Medley	38.	Girls 10-11 100m Freestyle
15.	Boys 12-13 50m Backstroke	39.	Boys 12-13 50m Breaststroke
16.	Girls 12-13 50m Backstroke	40.	Girls 12-13 50m Breaststroke
17.	Boys 10 & Under 4 x 25m Free Relay (HDW)	41.	Mixed 10 & Under 4x25 Freestyle Kick Relay (HDW)
18.	Girls 10 & Under 4 x 25m Free Relay (HDW)		
19.	Mixed 11-13 4x50m Medley Relay (HDW)		
	Presentations for events 17 to 19		Presentations for event 41
Lunch Break			Lunch Break
Session 2 - FINALS			Session 4 - FINALS
Saturday pm (time tbc)			Sunday pm (time tbc)
1-8	Finals for events 1 to 8	25-32	Finals for events 23 to 30
	Presentations for events 1 to 8		Presentations for events 23 to 30
9-16	Finals for events 9 to 16	33-40	Finals for events 31 to 38
	Presentations for events 9 to 16		Presentations for events 31 to 38
20.	Boys 9-10 4x50 Freestyle Relay (HDW)	42.	Boys 9-10 4x50 Medley Relay (HDW)
21.	Girls 9-10 4x50 Freestyle Relay (HDW)	43.	Girls 9-10 4x50 Medley Relay (HDW)
22.	Boys 11-13 4x50 Freestyle Relay (HDW)	44.	Boys 11-13 4x50 Medley Relay (HDW)
23.	Girls 11-13 4x50 Freestyle Relay (HDW)	45.	Girls 11-13 4x50 Medley Relay (HDW)
24.	Mixed 8x25 F/S Kick Cannon Relay (HDW)	46.	Mixed 8x25 Freestyle Cannon Relay (HDW)
	Presentations for events 20 to 24		Presentations for events 42 to 46



DOLPHIN SWIMMING CLUB

Mayfield Sports Complex, Mayfield, Cork

www.dolphinclub.ie | info@dolphinclub.ie

CUT OFF TIMES

BOYS	<u>50 FREE</u>	<u>50 BACK</u>	<u>50 BRS</u>	<u>50 FLY</u>	<u>100 IM</u>	<u>100 FREE</u>
9	N/A	N/A	N/A	N/A	N/A	N/A
10-11	38.00	41.00	45.00	43.00	1:30.00	1:17.00
12-13	34.64	35.00	39.00	38.00	1:27.00	1:14.70
GIRLS	<u>50 FREE</u>	<u>50 BACK</u>	<u>50 BRS</u>	<u>50 FLY</u>	<u>100 IM</u>	<u>100 FREE</u>
9	N/A	N/A	N/A	N/A	N/A	N/A
10-11	39.00	42.00	46.00	44.00	1:32.00	1:19.00
12-13	35.06	36.00	40.00	39.00	1:29.00	1:16.35