



Lahinch Swim Club Invitation Gala

27 May, 2023

Licence Number: 24S-22-23-M024

Date: 27th May 2023
Venue: Lahinch Leisure Centre, The Prom, Lahinch, Co Clare
Format: Short Course (SC)
Entries: Entries on Hy-Tek - please email lahinchswimclub@gmail.com

Electronic timing will NOT be used in this gala.

Age: Age up - 31st December 2023 (year of birth).

Fees: €6.00 per individual event / €20 per relay team

Please pay fees by Electronic Funds Transfer using your CLUB NAME for reference

A/C Name: Lahinch Swim Club
IBAN: IE97 AIBK 9351 5804 1390
BIC: AIBKIE2D

Please email lahinchswimclub.treasurer@gmail.com in relation to any questions around fees and payment

FEES MUST BE RECEIVED PRIOR TO THE GALA

Closing Date: Closing date for all entries is **Friday 17 May at 6pm.**
Scratches will be accepted up until **Friday 26 May at 6pm**

Late entries will not be accepted. To facilitate the smooth and timely running of the gala, no entries will be accepted on the day.



Meet Conditions

- **Places limited to 25 swimmers per club – if we end up with spare capacity we will come back to the clubs to offer more places**
- **Clubs are asked to provide 2 team managers per team as the waiting area is in another part of the complex**
- **Please note that the pool depth is 0.9 in shallow end and 1.5 in deep end and to make swimmers aware of that as part of their preparation.**
- Swimmers must be members of Swim Ireland & Swim Ireland Rules will apply.
- Heats will be run as an open event based on each swimmer's entry time in 6 lane formats.
- All events will be H.D.W.
- Medals will be awarded in all individual events for 8-10, 11, 12,13 age groups
- Swimmers must be at least 8 years of age to compete in this gala and not older than 13.
- Swimmers will be limited to a total of 4 individual swims plus relays.
- **Cannon Relay:**
 - 8 swimmers - a boy and a girl swimmer from each age group 8-13yr where possible. Minimum of 2 boys or 2 girls per team.
 - Cannon swimmers must swim in order of age group, girls first then boys, youngest to oldest.
- Swimmers with No Times (NTs) will be accepted. All other entry times must be official times and may be verified on the National database.
- In the interest of safety and time, events may have to be restricted. Priority will be given to younger, and slower swimmers. Clubs will be notified of any restrictions applying to events.
- The host club reserves the right to enter some swimmers outside the qualifying criteria.
- Session times may change depending on entries. You will be notified of changes one week before the gala.
- Qualification standards will be waived for swimmers with disabilities.
- Restrictions on personnel poolside will be enforced to ensure safety & effective running of the gala.



ORDER OF EVENTS

Session 1 – Saturday 12.45 – 2.45pm	
Warm-up 12.00, clubs will be assigned a time slot for warmup, start 12.45 pm	
1	Girls 100 Freestyle
2	Boys 100 Freestyle
3	Girls 50 Breaststroke
4	Boys 50 Breaststroke
5	Girls 100 Backstroke
6	Boys 100 Backstroke
7	Girls 50 Butterfly
8	Boys 50 Butterfly
9	Girls 8 – 11yrs 100m Freestyle Relay
10	Boys 8 – 11yrs 100m Freestyle Relay
11	Girls 12 – 13yrs 200m Freestyle Relay
12	Boys 12 – 13yrs 200m Freestyle Relay

Session 2 - Saturday 3.30pm – 6pm	
Warm-up 2:45pm, 45 mins boys & girls mixed, start 3.30 pm	
13	Girls 100 Breaststroke
14	Boys 100 Breaststroke
15	Girls 50 Backstroke
16	Boys 50 Backstroke
17	Girls 100 IM
18	Boys 100 IM
19	Girls 50 Freestyle
20	Boys 50 Freestyle
21	Girls 12 – 13yrs 200m Medley Relay
22	Boys 12 – 13yrs 200m Medley Relay
23	Mixed 200m Freestyle Cannon Relay (8 Swimmers, Boys and Girls from Each Age Group)

This is our first gala in Lahinch so please be patient with us, we are learning too!