

A close-up photograph of a swimmer in a silver arena swim cap and black goggles, splashing water. The swimmer's mouth is open, and water is being expelled. The background is a clear blue sky.

2023 Munster Swim Festival

**SWIM
IRELAND**
Munster

Munster Swim Festival 2023

INTRODUCTION

The Munster Swim Festival is targeted at those swimmers who have not qualified for the Summer Nationals and swimmers in the first few years of their swimming careers. The ethos of the gala is about fun, inclusion, and enjoyment.

We have races that will be suitable to all age groups and abilities and we hope everyone enjoys the event.

MEET INFORMATION

DATE:

Saturday, 24 June 2023

VENUE:

University of Limerick, Sports Arena. V94 XT66



Munster Swim Festival 2023

| | |
|----------------------------|--|
| Meet Location: | UL Sports Arena, University of Limerick, Castletroy, Limerick, V94 XT66 |
| Pool Specification: | 10 lane 25m pool; anti-turbulence lane ropes; wedge starting blocks; backstroke ledges; |
| Date: | Saturday, 24 June 2023 |
| Sessions: | Saturday, 24 June 2023 for 12 & Under Warm Up, Mixed: 08:45 – Competition Start 09:30. Saturday 24 th June for 13 & Over Warm Up, Mixed: 14:30 – Competition Start 15:30. |
| Age Groups: | 10, 11 and 12 years old; 13-14 years old, 15&over |
| Age: | Age as 31 st December 2023. |
| Individual Events: | 10-11-12 years old: 50m Butterfly, 50m & 100m Backstroke, 50m & 100m Breaststroke, 50m & 100m Freestyle [each swimmer can enter one event per stroke] . 13/14 and 15 & Over: 100m & 200m Freestyle, 50m Butterfly, 100m Backstroke, 100m Breaststroke [there is no limit on the number of events an athlete can enter] . |
| Relay Events: | 12 & Under – 4 x 25m mixed Freestyle (minimum one athlete per gender, no restriction on age group). 13 & Over – NEW 250m Mixed Freestyle Relay 25m / 50m / 75m / 100m mixed Freestyle (2 boys and 2 girls) – see explanation below. |
| Entries: | All swimmers entering the Munster Swim Festival must be a member of a Swim Munster affiliated club. |
| Entry Form: | Electronic Hy-Tek entries are accepted to the Swim Munster Treasurer at munstertreasurer@swimireland.ie . |
| Eligibility: | All the swimmers who have not obtained a Qualification Time for the Irish Summer Age groups, Youth and Senior Championship are eligible to compete. |
| Seeding: | The placing of competitors in the heats will be spearheaded from slowest to fastest |
| Heats & Finals: | All the individual events will be swam as HDW; <ul style="list-style-type: none"> Morning Session Super Final: the best 10 swimmers per age group and gender (11-12 only) based on their accumulative Hy-Tek points scored from their best 4 events can progress to the “Super-Final” on the 100 IM, Afternoon Session Skins Races: the best 10 swimmers per age group and gender (13-14 and 15 & Over) based on their accumulative Hy-Tek points scored from their best 4 events can progress to the Medley Skins Race. <p>See the specific section on the “order of events” for clarity.</p> |
| Withdrawals: | Withdrawals must be emailed to munstertreasurer@swimireland.ie before 5pm on the day before the start of the meet, i.e. Friday, 23 rd June 2023. |
| Entry Deadline: | Closing date for entries is 12 June 2023. |
| Entry Fees: | €25 per swimmer, covering all the individual events, relay participation and final. Fees should be paid directly into the bank account and must include the name of the club and the name of the meet. Payment should be received at least 7 days prior to the meet Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394 No entry will be processed until the appropriate fee has been received by the Treasurer. <i>Please note that all entry fees are payable and non-refundable once the final date for entry (12 June 2023) has passed.</i> |

Munster Swim Festival 2023

| | |
|--|---|
| Relay Entries: | <p>Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Top Table no later than 60 minutes before the start of the session in which the race takes place.</p> <p>All competing swimmers must be entered in the meet (<i>even if they are not swimming in individual events</i>). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.</p> <p>Swimmers can compete in their respective age group only. Swimmers aged 10 to 12 are not allowed to “swim up” in the 13 & Over age group in relays.</p> |
| Awards: | <p>Medals are awarded for top 3 placings in each age group for each individual event; All the swimmers qualified for the “Super Final” and the “Medley Skins Race” will be awarded special awards.</p> |
| Anti-Doping: | <p>It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website.</p> |
| Swimsuits: | <p>Athletes aged 12 years and younger will not be permitted to compete at this meet in a tech suit. A tech suit is defined as any male or female swimsuit manufactured using fabric with water-repellent properties or using any bonded or taped seams regardless of its fabric. Athletes aged 12 years and under will be disqualified if officials observe such an athlete competing in a tech suit.</p> <p>All swimsuits must comply with FINA regulations and should bear the FINA approved stamp (https://www.fina.org/sites/default/files/frsa.pdf).</p> |
| Health & Safety: | <p>Please refer to the Health & Safety guidelines at the back of the programme and the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.</p> |
| Photography/ Video Recording: | <p>Photography is prohibited on the pool deck and changing area.</p> <p>A registration desk will be in place in the balcony area. All devices, capable of taking an image, must be registered in advance.</p> <p>All persons wishing to register a device must provide: name, address, contact number and photographic identification. In the case where photographic ID is not available Swim Ireland membership card will be accepted with the member’s ID number recorded.</p> <p>Any person using the equipment must wear a tag that is clearly visible when using the equipment.</p> <p>If this photographic rule is breached, members are subject to the Swim Ireland Complaints and Disciplinary Rules and Procedures.</p> <p>Once registered, photographs are permitted from the balcony. A Munster Backdrop will be in situ on the balcony from where photographs may be taken.</p> |

Entries may be limited to ensure compliance with SI licence rules. Where entries have been limited clubs will be informed when all entries have been processed.

All competing clubs must provide at least one official per six swimmers per session up to a maximum of four officials per session. These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the Swim Ireland website at <http://www.swimireland.ie/competitions-events/regulations-and-safety>

Munster Swim Festival 2023

Order of Events

Morning Session:

| | |
|---|---------------|
| 50m Butterfly (10-11-12 years old combined heats) | Female - Male |
| 50m Backstroke (10-11-12 years old combined heats) | Female - Male |
| 100m Backstroke (10-11-12 years old combined heats) | Female - Male |
| 50m Breaststroke (10-11-12 years old combined heats) | Female - Male |
| 100m Breaststroke (10-11-12 years old combined heats) | Female - Male |
| 50m Freestyle (10-11-12 years old combined heats) | Female - Male |
| 100m Freestyle (10-11-12 years old combined heats) | Female - Male |

| | |
|-------------------|-------|
| 4 x 25m Freestyle | Mixed |
|-------------------|-------|

| | |
|------------------------------------|--------|
| 100m IM Super Final - 11 years old | Female |
| 100m IM Super Final - 11 years old | Male |
| 100m IM Super Final - 12 years old | Female |
| 100m IM Super Final - 12 years old | Male |

In the event of a tie for 10th place, a swim off will take place between the relevant swimmers over 50m Freestyle heat until a winner is declared.

Afternoon Session

| | |
|---|---------------|
| 200m Freestyle (13-14 and 15 & Over combined heats) | Female - Male |
| 50m Butterfly (13-14 and 15 & Over combined heats) | Female - Male |
| 100m Backstroke (13-14 and 15 & Over combined heats) | Female - Male |
| 100m Breaststroke (13-14 and 15 & Over combined heats) | Female - Male |
| 100m Freestyle (13-14 and 15 & Over years old combined heats) | Female - Male |

| | |
|-------------------------|-------|
| 25/50/75/100m Freestyle | Mixed |
|-------------------------|-------|

| | |
|-----------------------------|--------|
| Medley Skins Race 15 & Over | Female |
| Medley Skin Race 15 & Over | Male |

| | |
|------------------------------------|--------|
| Medley Skin Race 13 – 14 years old | Female |
| Medley Skin Race 13 – 14 years old | Male |

NEW Relay:

New 250m Mixed Freestyle Relay event. Each team must have 2 Females and 2 Males (13 & Over); each team swims 250m in the following order:

Swimmer 1 25m
Swimmer 2 50m
Swimmer 3 75m
Swimmer 4 100m

The order of the swimmers (Female/Male first) is free.

Munster Swim Festival 2023

Medley Skin Race:

In the event of a tie for 10th place, a swim off will take place between the relevant swimmers over 50m Freestyle heat until a winner is declared.

Exciting new format for the Medley Skins Race stages where the stroke is drawn randomly by the Competition Manager:

Stage 1: all the 10 swimmers qualified are competing. The distance is 50 meters and the stroke is drawn by the Competition Manager; the first 8 proceed to stage 2. Female race and Male race.

Stage 2: the remaining 8 swimmers are competing. The distance is 50 meters and the stroke is drawn by the Competition Manager (among the 3 remaining); the first 6 proceed to stage 3. Female race and Male race.

Stage 3: the remaining 6 swimmers are competing. The distance is 50 meters and the stroke is drawn by the Competition Manager (among the 2 remaining); the first 4 proceed to stage 4. Female race and Male race.

Stage 4: the remaining 4 swimmers are competing. The distance is 50 meters and the stroke is the last remaining not previously swum in stage 1-2-3; the first 2 proceed to stage 5. Female race and Male race.

Stage 5: the remaining 2 swimmers are competing. The distance is 50 meters and the stroke is drawn by the Competition Manager (among all the 4 strokes); the winner is the overall winner of the event.

Please note that times achieved at the Medley Skins are not officially recorded for any qualification time.